

PANAGIOTIS MAKRIS

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EDUCATION

- **University of Nottingham, 2017-2020, M.A. Person-Centred Experiential Counseling & Psychotherapy - School of Education**
- **The American College of Greece-DEREE, 2015-2016, Graduate Certificate of Psychology.**
- **Aristotle University of Thessaloniki, 2009-2013, B.Sc. - Faculty of Theology: School of Pastoral and Social Theology - GPA: 7.49 / 10.**
- **The American College of Greece-Pierce College, 2003-2009 - Certificate of Graduation GPA: 15.20 / 20.**

WORK EXPERIENCE

- **University of Nottingham, 2018-Present, Human Flourishing Project (University Research Clinic); Person-Centred Psychotherapist.**

LICENSES AND CERTIFICATIONS

- **National Counselling Society (N.C.S) - Accredited.**
- **British Association for Counselling and Psychotherapy (B.A.C.P) - Member - Working towards accreditation.**
- **How to do counselling online: a coronavirus primer – The OU and the B.A.C.P – CPD course**
- **Emotion Focused Therapy Certificate – Level 1**

SPECIAL SKILLS

- **Special Skills:** Organizational Skills, Creativity, Teamwork, Interpersonal Communication, Planning and Organizing, Presentation Skills, Detail Orientation, Soft Skills.
- **Personal Characteristics:** Exceptionally willing and reliable, gives his all to the team effort. Outstandingly determined, resolute, decisive and accurate, always concise, clear and convincing. Committed to continuous learning.
- **Very Good Command of the English Language:** Certificates: Examination for the Certification of Competency in English (ECCE) by the University of Michigan.
- **Computer Skills:** MS Office

SEMINARS AND TRAINING COURSES

2021 “KRD Training: working with suicidal clients” Keynote Speaker: Kate Day

2021 “How to help clients with their anger - a therapist’s toolkit” Keynote Speaker: Natalie Bailey.

2020 “Keeping clients at the centre: inform your practice with the latest research” Keynote Speaker: Natalie Bailey.

2020 “Therapeutic Communities RESEARCH DAY” Keynote Speaker: Dr. Gary Winship.

2020 “Twenty-Five Years of Relational Depth: Where are we and where are we going?” Keynote Speaker: Sue Price.

2019 “IAPT and the medical model: Ideological fits and misfits. Are there alternatives?” Keynote Speaker: Dr. David Murphy.

2019 “Client’s Client” Keynote Speaker: Dr. Akiko Doi.

2019 “‘Gloria’: myth & miracle or museum piece?” Keynote Speaker: Lindsay Cooper.

2019 “Brothers in arms: Sexuality, men and intimacies in the Great war” Keynote Speaker: Max Biddulph.

2018 “Charlatans, guerrillas and responsible intellectuals: Setting out the limits and new directions for the person-centred experiential paradigm” Keynote Speaker: Dr. David Murphy.

2017 “Counselling, Psychotherapy and Trauma Studies seminar series” Keynote Speaker: Katy Wakelin.

2013 “Religious Education: Concerns - Clarifications - Suggestions”
Pedagogy-Christian Pedagogy Laboratory, School of Pastoral and Social Theology, University of Thessaloniki (2-day nationwide seminar)
Keynote Speaker: Hercules Rerakis.

2013 “Drugs and the Church”
Faculty of Pastoral Psychology, School of Pastoral and Social Theology, University of Thessaloniki.

2008 “Stress Management Seminar” - Certificate of Attendance (School of Continuing and Professional Studies).

AWARDS

2009-2013 Distinctions as a member of the Soccer Team of the Faculty of Theology, University of Thessaloniki.

2011 Distinction at the 6.5 km cross-country racing, organized by the University of Thessaloniki.

MISCELLANEOUS

Extreme Freeride Mountain Biking, Running, Football, CrossFit, Scale Modelist.