

PANAGIOTIS MAKRIS

Psychotherapist - Psychologist

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EDUCATION

- **University of Nottingham, 2017-2020, M.A. Person-Centred Experiential Counseling & Psychotherapy - School of Education**
- **The American College of Greece-DEREE, 2015-2016, Graduate Certificate of Psychology.**
- **Aristotle University of Thessaloniki, 2009-2013, B.Sc. - Faculty of Theology: School of Pastoral and Social Theology - GPA: 7.49 / 10.**
- **The American College of Greece-Pierce College, 2003-2009 - Certificate of Graduation GPA: 15.20 / 20.**

WORK EXPERIENCE

- **Private Practitioner**
- **Psychotherapist at Papagos - Cholargos Municipal Health Center, 2022-Present**
- **Proposed Psychotherapist at University of Nottingham for Master's Degree students for the compilation upon the Master's Requirements**
- **University of Nottingham, 2018-Present, Human Flourishing Project (University Research Clinic); Person-Centred Psychotherapist.**
- **University of Nottingham, 2020-Present, Human Flourishing Project (University Research Clinic), Mentor to new trainee therapists concerning clinical and operational procedures.**
- **University of the Aegean, 2017, Placement at Ano Liosia local Center for People with Special Needs.**

LICENSES AND CERTIFICATIONS

- **National Counselling Society (N.C.S) - MNCS Accredited Member.**
- **British Association for Counselling and Psychotherapy (B.A.C.P) - MBACP - Register Member - Working towards accreditation.**

- **How to do counselling online: a coronavirus primer – The OU and the B.A.C.P – CPD course**
- **Emotion Focused Therapy Certificate – Level 1**
- **Emotion Focused Therapy Certificate – Level 2**
- **Hellenic National Academic Recognition and Information Center (D.O.A.T.A.P) - Recognized and Licensed Psychotherapist**

SPECIAL SKILLS

- **Special Skills:** Organizational Skills, Creativity, Teamwork, Interpersonal Communication, Planning and Organizing, Presentation Skills, Detail Orientation, Soft Skills.
- **Personal Characteristics:** Exceptionally willing and reliable, gives his all to the team effort. Outstandingly determined, resolute, decisive and accurate, always concise, clear and convincing. Committed to continuous learning.
- **Very Good Command of the English Language:** Certificates: Examination for the Certification of Competency in English (ECCE) by the University of Michigan.
- **Computer Skills:** MS Office

SEMINARS AND TRAINING COURSES

2021 “CPD Training: Treating chronic stress” Keynote Speaker: Wale Oladipo

2021 “KRD Training: working with suicidal clients” Keynote Speaker: Kate Day

2021 “How to help clients with their anger - a therapist’s toolkit” Keynote Speaker: Natalie Bailey.

2020 “Keeping clients at the centre: inform your practice with the latest research” Keynote Speaker: Natalie Bailey.

2020 “Therapeutic Communities RESEARCH DAY” Keynote Speaker: Dr. Gary Winship.

2020 “Twenty-Five Years of Relational Depth: Where are we and where are we going?” Keynote Speaker: Sue Price.

2019 “IAPT and the medical model: Ideological fits and misfits. Are there alternatives?” Keynote Speaker: Dr. David Murphy.

2019 “Client’s Client” Keynote Speaker: Dr. Akiko Doi.

2019 “‘Gloria’: myth & miracle or museum piece?” Keynote Speaker: Lindsay Cooper.

2019 “Brothers in arms: Sexuality, men and intimacies in the Great war” Keynote Speaker: Max Biddulph.

2018 “Charlatans, guerrillas and responsible intellectuals: Setting out the limits and new directions for the person-centred experiential paradigm”

Keynote Speaker: Dr. David Murphy.

2017 “Counselling, Psychotherapy and Trauma Studies seminar series”

Keynote Speaker: Katy Wakelin.

2013 “Religious Education: Concerns - Clarifications - Suggestions”

Pedagogy-Christian Pedagogy Laboratory, School of Pastoral and Social Theology, University of Thessaloniki (2-day nationwide seminar)

Keynote Speaker: Hercules Rerakis.

2013 “Drugs and the Church”

Faculty of Pastoral Psychology, School of Pastoral and Social Theology, University of Thessaloniki.

2008 “Stress Management Seminar” - Certificate of Attendance (School of Continuing and Professional Studies).

AWARDS

2009-2013 Distinctions as a member of the Soccer Team of the Faculty of Theology, University of Thessaloniki.

2011 Distinction at the 6.5 km cross-country racing, organized by the University of Thessaloniki.

MISCELLANEOUS

Extreme Freeride Mountain Biking, Football, Scale Modelist.