

PANAGIOTIS MAKRIS

Psychotherapist

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EDUCATION

- **University of Nottingham, 2017-2020, M.A. Person-Centred Experiential Counseling & Psychotherapy - School of Education**
- **The American College of Greece-DEREE, 2015-2016, Graduate Certificate of Psychology.**
- **Aristotle University of Thessaloniki, 2009-2013, B.Sc. - Faculty of Theology: School of Pastoral and Social Theology - GPA: 7.49 / 10.**
- **The American College of Greece-Pierce College, 2003-2009 - Certificate of Graduation GPA: 15.20 / 20.**

WORK EXPERIENCE

- **Private Practitioner**
- **Supervisor for other therapists - Conducting Supervision**
- **Member of the Panhellenic Association of Person-Centred & Experiential Professionals - Research Committee & Ethics Committee**
- **Psychotherapist at Papagos - Cholargos Municipal Health Center, 2022-Present**
- **Proposed Psychotherapist at University of Nottingham for Master's Degree students for the compilation upon the Master's Requirements**
- **University of Nottingham, 2018-Present, Human Flourishing Project (University Research Clinic); Person-Centred Psychotherapist.**
- **University of Nottingham, 2020-Present, Human Flourishing Project (University Research Clinic), Mentor to new trainee therapists concerning clinical and operational procedures.**
- **University of the Aegean, 2017, Placement at Ano Liosia local Center for People with Special Needs.**

LICENSES AND CERTIFICATIONS

- **Criminology: Approaching and Understanding Criminal Profiling - National and Kapodistrian University of Athens**
- **National Counselling & Psychotherapy Society (N.C.P.S) - MNCPS Accredited Member.**
- **British Association for Counselling and Psychotherapy (B.A.C.P) - MBACP - Register Member**
- **How to do counselling online: a coronavirus primer – The OU and the B.A.C.P – CPD course**
- **Emotion Focused Therapy Certificate – Level 1**
- **Emotion Focused Therapy Certificate – Level 2**
- **Hellenic National Academic Recognition and Information Center (D.O.A.T.A.P) - Recognized and Licensed Psychotherapist**

SPECIAL SKILLS

- **Special Skills:** Organizational Skills, Creativity, Teamwork, Interpersonal Communication, Planning and Organizing, Presentation Skills, Detail Orientation, Soft Skills.
- **Personal Characteristics:** Exceptionally willing and reliable, gives his all to the team effort. Outstandingly determined, resolute, decisive and accurate, always concise, clear and convincing. Committed to continuous learning.
- **Very Good Command of the English Language:** Certificates: Examination for the Certification of Competency in English (ECCE) by the University of Michigan.
- **Computer Skills:** MS Office

SEMINARS AND TRAINING COURSES

2025 “The Future of PCA: How to Serve a Changing World”

2024 “16th World Conference for Person-Centred and Experiential

Psychotherapy and Counseling” Keynote Speaker: World Association for

Person-Centred & Experiential Psychotherapy & Counselling (WAPCEPC)

2024 “4th International Conference on Religious Diplomacy” Keynote Speaker:

Foreign Affairs Institute

2023 “Working with Motivational Conflicts/ Habitual Self-Damaging Splits”

Keynote Speaker: Prof. Robert Elliott

2023 “ 5th PCE Europe Symposium - Welcoming Polyphony in a Changing

World” Organized by: PCE Europe Hellenic Focusing Center

- 2021 “CPD Training: Treating chronic stress”** Keynote Speaker: Wale Oladipo
- 2021 “KRD Training: working with suicidal clients”** Keynote Speaker: Kate Day
- 2021 “How to help clients with their anger - a therapist’s toolkit”** Keynote Speaker: Natalie Bailey
- 2020 “Keeping clients at the centre: inform your practice with the latest research”** Keynote Speaker: Natalie Bailey.
- 2020 “Therapeutic Communities RESEARCH DAY”** Keynote Speaker: Dr. Gary Winship.
- 2020 “Twenty-Five Years of Relational Depth: Where are we and where are we going?”** Keynote Speaker: Sue Price.
- 2019 “IAPT and the medical model: Ideological fits and misfits. Are there alternatives?”** Keynote Speaker: Dr. David Murphy.
- 2019 “Client’s Client”** Keynote Speaker: Dr. Akiko Doi.
- 2019 “‘Gloria’: myth & miracle or museum piece?”** Keynote Speaker: Lindsay Cooper.
- 2019 “Brothers in arms: Sexuality, men and intimacies in the Great war”**
Keynote Speaker: Max Biddulph.
- 2018 “Charlatans, guerrillas and responsible intellectuals: Setting out the limits and new directions for the person-centred experiential paradigm”**
Keynote Speaker: Dr. David Murphy.
- 2017 “Counselling, Psychotherapy and Trauma Studies seminar series”**
Keynote Speaker: Katy Wakelin.
- 2013 “Religious Education: Concerns - Clarifications - Suggestions”**
Pedagogy-Christian Pedagogy Laboratory, School of Pastoral and Social Theology, University of Thessaloniki (2-day nationwide seminar)
Keynote Speaker: Hercules Rerakis.
- 2013 “Drugs and the Church”**
Faculty of Pastoral Psychology, School of Pastoral and Social Theology, University of Thessaloniki.
- 2008 “Stress Management Seminar”** - Certificate of Attendance (School of Continuing and Professional Studies).

AWARDS

- 2024** Praised and silver metal - International Plastic Modellers Society Hellas (IPMS)
- 2024** Awarded from Cholargos - Papagos Municipal Health Offices
- 2023** Praised - International Plastic Modellers Society Hellas (IPMS)

2009-2013 Distinctions as a member of the Soccer Team of the Faculty of Theology, University of Thessaloniki.

2011 Distinction at the 6.5 km cross-country racing, organized by the University of Thessaloniki.